



Tricare Prime Evacuees Obtaining Medical Care While At Tyndall

1. The first step: is to report to Tricare Beneficiary Flight on the third floor to register for local medical care.

- Tyndall Clinic does not have an emergency room or walk-in clinic.
- For non-emergency medical care after regular clinic hours, call 283-2778 to speak to a Primary Care Manager (PCM) on call.
- **TRICARE PRIME** enrollees with urgent/emergency care are covered by Tricare, but the member must use their permanent address for billing purpose.
- **TRICARE STANDARD** and **MEDICARE** care call TRICARE Operations at 283-7331 for assistance.

2. Routine Care:

Family Practice /Pediatric Clinic: Call Central Appointments at 283-2778. Appointments are available Monday through Friday 0700 - 1630 hours. Any specialty care (**Referrals**) requires prior approval. OB/GYN patients will report to Family Practice front desk for medication refills and OB referrals.

3. Physical Therapy:

Physical therapy will be evaluated by Family Practice to determine best route for continued care. Children under age 10 must be evaluated by Peds Clinic.

4. Immunizations

Immunizations will see anyone directly with or without shot records

5. School Information

- No paperwork required
- Call 872-4100 to find out what school the child can attend.
- Free meals during school hours. Any supplies needed, contact Kay Daniels at 872-4293 or Trip Jones at 872-4530 for assistance.

6. Emergency care location:

Bay Medical Center - Take Business 98 West to Martin Luther King, Jr. (MLK Jr.) Blvd, turn right, go to 7th Street and turn right, the hospital is now in view.

Gulf Coast Medical Center - Take Tyndall Parkway (98 West/15th Street) west, turn right at the traffic light onto MLK Jr. Blvd (Hwy 77), cross highway 231 and then turn left on 23rd Street and go approximately ½ mile to 449 west 23rd Street, the hospital is now in view on your left.

Bay Walk-In Clinic (763-9744) – Open 0800 to 2000 hours Monday through Saturday and 1200 to 1800 hours on Sunday. Take Tyndall Parkway (98 West/15th Street) west, turn right at the traffic light onto MLK Jr. Blvd (Hwy 77) then follow Hwy 77 to 23rd Street, Bay Walk-In Clinic is now in view on the right corner in front of the Target store.

7. Local Phone Numbers:

For Mental Healthcare (Stress Management) Call:

Value Options: 1-800-700-8640

Life Skills: 283-7511 after hours 283-2155/2254

Military One source: 1-800-342-9647 (counselors available to assist)

Red Cross: 1-877-272-7337

Family Support Center: 283-4204/ 2156/ 4205 - loan up to \$300, computer access